

City of Lewiston Recreation Division

Co-Ed Volleyball B1 & B2

League Rules

GAME RULES

1. The serve will alternate male-female, three men and three women on the court. B-1 & B-2 games will be played with rally points to 25 with a cap at 30. A net serve will be counted as a legal serve.
2. There should be 3 men and 3 women on the court. However, if only 2 women and 4 men show, a man cannot substitute her spot; but if only 2 men and 4 women show, a woman may substitute a man's spot.
(NOTE) **B-1** Division can play with 4* players, NO GHOST.
 B-2 Division can play with 4* players, NO GHOST.
 *No more than 3 men on the court at any time.
3. When the ball is hit more than one time on a side, one of these hits must be made by a female. Females may contact the ball on consecutive tries.
4. If two women are in the front row, someone from the back row may come up to block, but that player may not attack while he/she is in the front row.
5. Attendance sheets must be filled out for each and every match. Failure to do so may jeopardize a player's or a team's eligibility for playoffs.

HOUSE RULES

1. Two leagues will be established: B-1 and B-2. The "A" League will function independently.
2. All fees must be paid in full before the first match is played.
3. Teams must be on the court and ready to play at the time designated or lose one game. After 10 more minutes, game 2 & 3 will be forfeited together. A forfeit counts as a win for the other scheduled team. If a team forfeits 3 matches, they will be out of the league.
4. Matches will be played on Wednesday.
5. Teams will toss a coin for choice of serve or playing area; teams will change playing areas at the end of each game. Three games will be played in one night and will constitute a match. One point is given for each game won. The team not serving in the first game will start the service in the second game. A coin will be tossed for the third game only if the two teams have split; service continues to alternate, otherwise. If there are an odd number of teams in a division, more than one match may be scheduled per night.
6. Any served ball contacting the ceiling, backboards is out of play.
7. A non-served ball that hits the ceiling above the playing surface is playable if the ball returns on the same side as it was hit. This includes both backboards. The ball cannot break the plane of the net.
8. The referee shall have the power to warn, declare side out or point or disqualify from the game or match any player or coach who commits any violations of sportsmanship.
9. Anyone disqualified will miss the team's next scheduled match. A second offense will result in disqualification from 2 consecutive matches. A reinstatement fine may be required if the offense warrants it.

10. Two 30 second time-outs are allowed per game.
11. Teams may not protest a game. A clarification of Co-Ed Volleyball league rules will be determined between the game official and the league director.
12. During a game a player may address the referee only through the team captain. Abusive language and/or unsportsmanlike conduct will not be tolerated and may result in ejection from the game and disqualification from play.
13. Scorekeepers will put the time that a **match starts** on the score sheet. If the third game of a match has not started within 45 minutes of the start time, then the third game of the match will be rally point to 21 with a cap at 25.
14. B-1 & B-2 Leagues: Substitutions may be made at any time, but only through the back non-serving positions. Substitutions can be made at any ghost position on the court during a timeout. There is no limit to the number of times a player can enter a game.
15. A team roster must have at least 6 players. A player can play in only one division* (B-1 or B-2) of Co-Ed Volleyball play. *Each B-1 team may place on their roster two players (one male, one female) from any B-2 division team. These players shall be designated on the roster as “SA” or SPECIAL ADDITIONS. Special Additions are allowed to play in **ONLY 4 regular season matches** for that higher division team. Players may be Special Additions for only one team and may not be used as replacements on a roster if a team no longer has 6 players.
16. Players on an “A” roster are not allowed to play in the B-1 or B-2 leagues.
17. Additions to the roster must be made at least **one day** before that person can play, and additions must have the volleyball director’s prior approval. Rosters may be changed up until there are ten weeks remaining in the regular season schedule. When there is less than ten weeks remaining in the regular season schedule, rosters will be set and players can only be added by special permission of the director for extenuating circumstances.
18. High School players or minors must be 16 years old before being put on a roster to play in any division. Players under age 18 must show birth certificates at the time they are placed on the roster. No more than 3 minors may be on a league roster at one time. (All minors may play at the same time.) A 15 year old may be placed on a roster only in the B-2 league, and must have prior approval of the Recreation Division. With special permission of the Lewiston Recreation Division, a 16 year old may play on a B-1 team under the following conditions:
 - a) The 16 year old must play on the team as his/her parent
 - b) The parent of the 16 year old must be an active member of the team
 - c) The 16 year old shall attend a “try out” to qualify for B-1 play.
 - d) The 16 year old must meet the standards of play for the B-1 League and the Recreation Division.All players under age 18 must have parental permission; submit a birth certificate and parent waiver to the Recreation Division.
19. Only non-marking athletic shoes may be worn in the gymnasium.
20. **Children must be supervised at all times. If there are any problems, then the children/guardians will be asked to leave the Center.**
21. No food, drink or smoking in the gymnasium.
22. A twenty dollar (\$20.00) non-resident fee will be charged for each player who is not a resident or doesn’t own a business (must pay taxes to the City of Lewiston or Auburn) in Lewiston or Auburn. This fee must be paid for every program the player is participating in.

23. Players are eligible for playoffs if they play 8 weeks of the regular league matches.
24. If three or more teams are tied between first and other places, the places will be determined by head-to-head competition. Teams tied for second, and so on, are determined by head-to-head also. If ties for the last playoff position occur, head-to-head season records will break the ties.
25. Each division, B1 and B2 will have separate playoffs. Both will consist of a single elimination playoff and may include higher ranked teams earning first round byes.
26. B-1 and B-2 teams must furnish 3 people for work teams during regular season play. Failing to do so constitutes a forfeit. During regular league play, when a team fails to work their scheduled time, that team will receive a forfeit. This forfeit will count against them only and will not count as a win for any other team. If this happens 3 times, the team is expelled from the league. A team that does not work during a scheduled playoff time may result in all players from that team being barred from the Lewiston Recreation Division Co-Ed Volleyball League until a \$25.00 fine for each player is paid.
27. Scoring for the playoffs will be the same as during the regular season.
28. The Lewiston Recreation Division reserves the right to reschedule, postpone or cancel activities; programs; change locations; or make other changes as required or necessary.

AWARDS

1. Playoff Champions awards will be T-shirts for each active member of the team, Recreation Division will order and pay for t-shirts and one screen. Additional cost will be the responsibility of the team.

*Team Managers will be responsible to distribute shirts to the team players.

CO-ED VOLLEYBALL DIRECTOR:

RECREATION DIVISION:

Jason Hanken 513-3005